Safer Speeds: Considerations for Speed Limits for all Street-users



(Image: Photo by David Lofink)

Presented by: Dr. Offer Grembek Berkeley SafeTREC Presented at:

MTC Tech Transfer Seminar: Operating Complete Streets February 3, 2020 Goal of the transportation system?

Provide <u>mobility</u>.



Goal of the transportation system?

Provide <u>mobility</u>.

Provide efficient, cost-effective, equitable, sustainable, ..., and safe mobility.



FIGURE 1-3: Fatality Rate and Vehicle Miles Traveled, 1966-2013 (Source: NHTSA FARS)

The fatality rate has demonstrated a downward trend for decades.

We're on the right track towards safety.

No. It is <u>not</u> safe.

Fatalities and Fatality Rate per 100 Million VMT, by Year, 1975–2017



California:

3,602

USA:

37,133

Globally: Over 1,300,000

Sources: FARS 1975–2016 Final File, 2017 ARF; Vehicle Miles Traveled (VMT): FHWA.

²⁰¹⁷ Fatalities:

No. It is <u>not</u> safe.

10 Leading Causes of Injury Deaths by Age Group Highlighting Unintentional Injury Deaths, United States – 2017

	Age Groups										
Rank	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	Total
1	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional
	Suffocation	Drowning	MV Traffic	MV Traffic	MV Traffic	Poisoning	Poisoning	Poisoning	Poisoning	Fall	Poisoning
	1,106	424	327	428	6,697	16,478	15,032	14,707	10,581	31,190	64,795
2	Homicide	Unintentional	Unintentional	Suicide	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional
	Unspecified	MV Traffic	Drowning	Suffocation	Poisoning	MV Traffic	MV Traffic	MV Traffic	MV Traffic	MV Traffic	MV Traffic
	139	362	125	280	5,030	6,871	5,162	5,471	5,584	7,667	38,659
3	Unintentional MV	Homicide	Unintentional	Suicide	Homicide	Homicide	Suicide	Suicide	Suicide	Suicide	Unintentional
	Traffic	Unspecified	Fire/Bum	Firearm	Firearm	Firearm	Firearm	Firearm	Firearm	Firearm	Fall
	90	129	94	185	4,391	4,594	3,098	3,937	4,219	5,996	36,338
4	Homicide Other Spec., Classifiable 76	Unintentional Suffocation 110	Homicide Firearm 78	Homicide Firearm 126	Suicide Firearm 2,959	Suicide Firearm 3,458	Suicide Suffocation 2,562	Suicide Suffocation 2,294	Unintentional Fall 2,760	Unintentional Unspecified 5,125	Suicide Firearm 23,854
5	Undetermined	Unintentional	Unintentional	Unintentional	Suicide	Suicide	Homicide	Suicide	Suicide	Unintentional	Homicide
	Suffocation	Fire/Burn	Suffocation	Drowning	Suffocation	Suffocation	Firearm	Poisoning	Suffocation	Suffocation	Firearm
	56	95	36	110	2,321	3,063	2,561	1,604	1,631	3,920	14,542

Data Source: National Center for Health Statistics (NCHS), National Vital Statistics System. Produced by: National Center for Injury Prevention and Control, CDC using WISQARS™.

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2	Homicide Unspecified 139	Unintentional MV Traffic 362	Unintentional Drowning 125	Suicide Suffocation 280	Unintentional Poisoning 5,030	Unintentional MV Traffic 6,871	Unintentional MV Traffic 5,162	Unintentional MV Traffic 5,471	Unintentional MV Traffic 5,584	Unintentional MV Traffic 7,667	Unintentional MV Traffic 38,659	Second;
3	Unintentional MV Traffic 90	Homicide Unspecified 129	Unintentional Fire/Bum 94	Suicide Firearm 185	Homicide Firearm 4,391	Homicide Firearm 4,594	Suicide Firearm 3,098	Suicide Firearm 3,937	Suicide Firearm 4,219	Suicide Firearm 5,996	Unintentional Fall 36,338	Age > 1yr
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Berkeley SafeTREC

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a system in which people cannot die despite human error. Job, and Sakashita. 2016a safe system

So, is our transportation system dangerous?

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dangerous system

a system in which people can die with no human error (e.g., mine field, avalanche area).

Job, and Sakashita. 2016a

Our system is not safe and also not dangerous

Our system is not safe and also not dangerous



FIGURE 1-3: Fatality Rate and Vehicle Miles Traveled, 1966-2013 (Source: NHTSA FARS)

unsafe system

a system in which people can die through human error Job, and Sakashita. 2016a Berkeley SafeTREC

Policy innovation to move the needle



Policy innovation to move the needle

Vision Zero & Safe System challenge our ability to reach zero without a major change





dangerous system unsafe **V1.0** system safe **V2.0** system

Principles of Safe System

Mooren et al., 2011



Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

Inequitable safety impact

Mode j Injuries in Inflicted an injury California (2005 - 2009)PTW Car SUV Truck Object Foot Bicycle Transit Total 31 488 5.736 531 40,202 Foot 327 32,455 631 3 Suffered an injury 213 320 4.833 397 37,821 Bicycle 195 1.551 28,657 1.655 PTW 21.036 118 647 39,976 159 106 4.847 4.199 8,864 607 331 2,814 221,444 2,655 76,543 18,323 110,105 432,822 Mode Car 28 15 2,829 578 596 347 474 Transit 10 4.877 SUV 66 43.543 90,195 46 332 330 23,403 3.262 19.213 2 5 18 2,305 58 578 1,638 1,663 6,267 Truck Object 0 0 0 0 0 0 0 0 0 Total 1.088 2.542 8,561 352.269 4.690 115.888 25,145 141,977 652,160 Foot Bicycle PTW Car Transit SUV Truck Object **RV** for Individual modes 36.95 14.88 4.67 1.23 1.04 0.78 0.25 0.00

Grembek, 2012



Pedestrians suffer **36.95** times more injuries than they inflict.

Speed management as a critical regulator

- Vehicle speed is an important regulating factor for safe road traffic since it is subject to road-user behavior and misjudgment
- Kinetic energy is proportional to the square of its speed, and established the level of protection needed to design of a safe transport system

Types of Speed Limits in CA/US

- Basic Speed Law (CVC 22350) states that a driver may never driver faster than is reasonable or prudent for current conditions.
- Two types of speed limits
 - Statutory speed limit
 - Posted speed limit





Statutory and Posted Speed Limits

- Statutory speed limit (maximum speed limit)
 - Set by the State Legislature and enforceable even if speed limit sign is not posted
- Posted speed limit (regulatory speed)
 - Set by a local jurisdiction (city or county)
 - Must have an up-to-date Engineering and Traffic Survey
 - Takes priority over the established statutory speed limit





Posted Speed Limits in the US

- Speed limits are established by computing the 85th percentile speed during free-flow travel.
- This approach was attributed to a 1964 USDOT report labeled "Accidents on Main Rural Highways Related to Speed". The report's findings have not been successfully replicated since.
- Another stated rationale is that speed limits below the 85th percentile discourage drivers' compliance with the posted speed limit.

- Evidence about speed and safety (why is this important?)
- History of the 85th percentile (where does the current practice came from?)
- Limitations of the current speed limit setting practices (why we need to reconsider it?)
- What are promising alternatives to set speed limits (how can we do it better?)

Evidence about speed and safety (why is this important?)

- There is consistent evidence that as speed increases the probably of fatality given a crash increases too. Supported by the laws of physics.
- There is also strong statistical relationship between average operating speed and crashes. This does not mean that traveling 50 mph on an urban arterial is safer than traveling 70 mph on a highway, but these findings establish that, all else equal, going faster is less safe.
- In light of this, reducing speed limits will most likely create safety benefits.

History of the 85th percentile (where does the current practice came from?)

- The current practice of setting speed limits to the 85th percentile can be traced back to the late 1930s.
- This was based on the assumption that 85 percent of the drivers are sufficiently careful not to operate their cars too fast for conditions. It was also noted that it must, however, be adjusted in the light of crashes.
- There is no empirical study that demonstrates that the 85th percentile speed optimizes safety.

Limitations of the current speed limit setting practices (why we need to reconsider it?)

- Drivers have a tendency to underestimate speed. This demonstrates that drivers have limited capability to self-regulate a safe speed, especially at lower speed areas. It is therefore undesirable to rely on operating speed to establish safe speed. Moreover, over time, the practice of the 85th percentile can create an upward drift in operating speeds
- e.g., assume that collectively drivers elect speeds such that about half of them drive faster than the speed limit. This behavior, if coupled with a periodical application of the 85th percentile rule, would cause an upward drift in speeds.





FIGURE 1 Median and 85th percentile speeds on rural Interstates in Montana. (Source: R. Retting of the Insurance Institute for Highway Safety.)

Hauer, E. (2009). Speed and Safety. Transportation Research Record, 2103(1), 10–17.

Practitioner Survey



National Committee on Uniform Traffic Control Devices

12615 West Keystone Drive * Sun City West, AZ, 85375 Telephone (623)680-9592 * e-mail: ncutcd@aol.com

- Spring 2018
- 13 questions
- Distributed to numerous transportation professionals
- Number of respondents: 740
- Over 80% use MUTCD regularly
- Average experience: 20 years





Factors most utilized in setting speed Limits?

Utilization criteria (top 10 with always utilized)	Overall Rank	10 years or less (rank)	11-20 years (rank)	Over 20 years (rank)
Speed of vehicles	1	4	1	2
Crash history	2	2	3	3
Context - location	3	1	2	5
Statutory requirements	4	9	4	1
Geometrics (curve)	5	6	5	4
Facility classification type	6	7	10	7
Context - land use	7	3	6	10
Geometrics (sight distance)	8		8	6
Geometrics (lane width, CS)	9	10	9	9
% vehicles above PSL / speed distribution curve / % veh in pace	10		7	8



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What are promising alternatives to set speed limits (how can we do it better?)

- Other countries with desirable safety performance set speed limits based on the combination of the built environment including roadway features and geometry, the vehicle fleet, and the potential road users.
- Moreover, some jurisdictions, including domestic ones, are incorporating speed limit setting laws that give cities more flexibility to implement slower speed zones in urban areas.

Fatality risk for collision speed, by crash type



Human tolerance to physical force

Source: Wramborg, P. 2005." A New Approach to a Safe and Sustainable Road Structure and Street Design for Urban Areas." Paper presented at 13th International Conference on Road Safety on Four Continents, Warsaw, Poland, October 5–7.

Speed limits for a safe system in Sweden







A safe car can protect occupants up to **45 mph** in a head-on collision



20

mph



A safe car can protect occupants up to **30 mph** in a side collision



Most unprotected road users survive if a car travelling **20 mph** hits them

Source: Vision Zero and New Speed Limits in Sweden, Anna Vadeby, VTI. Original Values have been converted from kph to mph and rounded.

Rural speed limits for safe system, Sweden

Safer Roads

45

mph

75

mph

- 45 mph (70 km/h): default limit on rural roads
- **50 mph** (80-90 km/h): 2-lane roads (milled rumble strips in middle of road)
- **65 mph** (100 km/h): 2+1 roads with median barrier
- **70 mph** (110 km/h): motorways
- **75 mph** (120 km/h): motorways with high standard and low traffic flow

Year	Increased speed limit (km)	Decreased speed limit (km)
2008	1 000	2 500
2009	1 600	15 000

Source: Vision Zero and New Speed Limits in Sweden, Anna Vadeby, VTI Original Values have been converted from kph to mph and rounded.



65

Urban speed limits for a safe system, Sweden

Guidelines consider:

- City's character
- Accessibility
- Security
- Traffic Safety
- Health and Environment

Safety	Conflicts	Conflicts car-car	Conflicts car-	Conflicts car-car	
Level	VRU-car	(intersections)	obstacle	(oncoming traffic)	
High	≤ 20 mph	≤ 30 mph	≤ 40 mph	45 mph	

Based on: Vision Zero and New Speed Limits in Sweden, Anna Vadeby, VTI. Original Values have been converted from kph to mph and rounded.





Thank you!

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